Introduction to the Philosophy of the Human Person
Quarter 2 - Module 7: Finding Your Purpose

Name of Learner: ____________________________
Grade & Section: ____________________________
Name of School: ____________________________
WHAT I NEED TO KNOW

This module will help you discern your purpose and to define the project you want to do in life. This learning tool contains activity in a series of experiential reflection workshops on possible new directions in evaluating your purpose in life that will help you reflect on a concrete experience in a philosophical way at the same time demonstrate various ways of reasons why you need to discern well and live a prudent life. This module is self – instructional and allows you to learn in your own space, at your own pace. So, relax and enjoy learning.

At the end of this module, you will be able to reflect on your daily experiences from a holistic point of view and acquire critical and analytical thinking skills as a human person and mindful about true objective of life and to define your scheme so that you can apply your critical and analytical thinking skills to the affairs of your daily life and should be able to demonstrate a capacity for a critical and analytical reflection from the perspective of holistic and profound vision of life towards success.

In order to achieve the objectives of this module, it is necessary to have completed all the modules for you to fully understand the activities and discussions herein.

Specifically, this module aims to:

- Enumerate the objectives one really wants to achieve and to define the projects he/she really wants to do in his/her life (PPT11/12-IIh-8.1)
WHAT’S IN?

The last chapter underscored the human person in the society particularly the evaluation of technology from simple agricultural life of the early society to the most complex and diverse impact of globalization. The precedent chapter emphasized the value of friendship as part of being a responsible individual. However, the present era is undoubtedly full of changes.

You will be able to reflect on your daily experiences from a holistic point of view and acquire critical and analytical thinking skills as a human person and mindful about true objective of life and to define your scheme so that you can apply your critical and analytical thinking skills.

In what way did technology revolutionize our way of living?
_______________________________________________________________________________________
_______________________________________________________________________________________
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WHAT’S NEW?

Activity 1

Choose (3) from words below that best describe your future. Write your choices on the lines below. Explain your answer.

a. Success  
b. Fortune or Money  
c. Fame  
d. Power  
e. Recognition  
f. Happiness  
g. Meaning or Purpose  
h. Sickness  
i. Contentment  
j. Faith  
k. Love  
l. Death

1. ____________________________________________
   ____________________________________________
   ____________________________________________

2. ____________________________________________
   ____________________________________________
   ____________________________________________

3. ____________________________________________
   ____________________________________________
   ____________________________________________
Activity 2.

Draw yourself inside the box and tell something about it.

__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

__________________________________________________________________________________
__________________________________________________________________________________

WHAT IS IT?

Activity 3: Finding Your Purpose

The activities are designed for self-examination that will bring more understanding about you and the project/s you may want to accomplish.

A. Create your own reflection in this saying of Socrates: “Know thyself.”
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
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__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
B. Write your Strengths and Weaknesses.

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<tr>
<th>STRENGTHS</th>
<th>WEAKNESSES</th>
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According to Ramos (2016), there are four aspects: Leave the part of the unknown (for life has many mysteries). The side were others know about you or perceive you, ask the help from your peers, teachers, parents, or relatives. Their contributions will support or make clearer how you can achieve your future plans. You must be open to accept how others might perceive you. Always be open to accept how others might perceive you. Always be open for suggestions. Be generous in giving feedback to your classmates as well. Focus on the positive outlook in life.

You will assess your own negative and affirmative sides. There are some of your characteristics that only you yourself knows; you should include this in an honest self-evaluation. There is also the part of you that is public or obvious to others. You should also consider them. (For example, even if you are shy, you sing well in front of your family.)

A prudent and wise man does not rely on his own self rather seek advice and counsel from the experts.

Activity 4

Instruction: Evaluate yourself by filling the lines below.

<table>
<thead>
<tr>
<th>Negative side</th>
<th>Affirmative side</th>
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<tr>
<td>(Hidden Self or Public self)</td>
<td>(Hidden self or Public self)</td>
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The unknown side?

| The side others know about you but You are not aware of yourself (Public self) |
| ____________________________ |

| ____________________________ |
Activity 5

**Instruction:** Itemize what you want to realize however, reflect regarding what you really want to achieve.
WHAT I HAVE LEARNED?

Reflect: Why is it important to recognize our strength and weaknesses? Write in your reflection notebook or on your timeline.

My Strength and Weaknesses

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WHAT I CAN DO?

Direction: Give a brief answer to the following question. Write your answer on the space provided.

1. After knowing your strength, can you say that you can overcome all the obstacles in life just to attain your goal?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
2. Upon recognizing your weaknesses, are you resolved to improve and develop your capability? How?

__________________________________________

__________________________________________

ASSessment

After our lesson, let us now check what you have learned.

TRUE OR FALSE;

Directions. Write T if it is true and False if it is False.

___1. It was Socrates who said that an unexamined life is not worth living.

___2. Prudence is a virtue that which helps us to discern wisely.

___3. “Know thyself” is a fundamental question about oneself.

___4. It is always prudent to know life’s mystery.

___5. To seek for an advice from an expert is not necessary at all times.

___6. Feedback is essential to learning.

___7. Whatever would be the interventions coming from your friends, relatives, teachers and parents might contribute for your future plans.

___8. Being open is a sign of maturity.

___9. The way to better achieve the objective of a project is to get feedback.

___10. The knowledge of oneself is the key to success.
KEY ANSWERS

REFERENCES

Books:


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Here the trees and flowers bloom
Galiant men And Ladies fair
Cebuanos, Ilocanos, Subanons, Boholanos, Ilongos,
All of them are proud and true
Region IX our Eden Land
Region IX
Our...
Eden...
Land...

I am a Filipino—inheritor of a glorious past, hostage to the uncertain future. As such I must prove equal to a two-fold task—the task of meeting my responsibility to the past, and the task of performing my obligation to the future.

I am a Filipino. In my blood runs the immortal seed of heroes—seed that flowered down the centuries in deeds of courage and defiance. In my veins yet pulses the same hot blood that sent Lapulapu to battle against the first invader of this land, that nerved Lakandula in the combat against the alien foe, that drove Diego Silang and Dagohoy into rebellion against the foreign oppressor.

I am a Filipino, born to freedom, and I shall not rest until freedom shall have been added unto my inheritance—for myself, and my children and my children’s children—forever.